

## Press Release Communications Class

Communication today is more challenging it seems than it has been in the past. We all are aware of people who say they are unable to talk across differences, whether of religion or politics or whatever. It seems that our inability to have civil discourse is reaching a crisis point.

The Rev. Barb Sajna, St. Luke's Episcopal Church, is offering an opportunity to come together to explore how we can talk about challenging subjects that often divide us. The course is a Teaching Company course and is taught by a professor at York University. Each segment consists of a lecture followed by exercises to help listeners "try out" what they've just heard. Some of the lectures focus on the layers of communication, how the unconscious and conscious minds function, challenges to effective communication, talking to build relationships and how to handle differences and disagreement.

The class will start, Thursday March 8 from 10a to noon at St. Luke's, 2336 Canterbury Lane, Sister Bay, 920.854.9600. The first half hour is spent listening to the professor's presentation. Afterwards there will be time for discussion or an exercise. The course will cover two lectures each week. It will be time well-spent!

Sajna is well-known for her classes during each Clearings winter sessions which are always popular and well-attended.